

Klein ISD Allergy Action Plan

Student Name: _____ School Year: 20__ - 20__
 Date of Birth: _____ Campus: _____
 Student ID: _____ Bus #: _____

Place
Child's
Photo
Here

ALLERGY TO: _____

Asthmatic Yes* No *Higher risk for severe reaction.

◆STEP 1: TREATMENT◆

| <u>Symptoms</u> | <u>Give Checked Medication**</u> <small>**To be determined by physician authorizing treatment.</small> | |
|---|---|---------------|
| • If a food allergen has been ingested, but <i>no symptoms</i> . | Epinephrine | Antihistamine |
| • Mouth – Itching, tingling, or swelling of lips, tongue, mouth | Epinephrine | Antihistamine |
| • Skin – Hives, itchy rash, swelling of the face or extremities | Epinephrine | Antihistamine |
| • Gut – Nausea, abdominal cramps, vomiting, diarrhea | Epinephrine | Antihistamine |
| • Throat† - Tightening of throat, hoarseness, hacking cough | Epinephrine | Antihistamine |
| • Lung † - Shortness of breath, repetitive coughing, wheezing | Epinephrine | Antihistamine |
| • Heart † - Weak or thready pulse, low blood pressure, fainting, pale, blueness | Epinephrine | Antihistamine |
| • Other † - | Epinephrine | Antihistamine |
| • If reaction is progressing (several of the above areas affected), give: | Epinephrine | Antihistamine |

† Potentially Life-threatening. The severity of symptoms can quickly change.

DOSAGE:

Epinephrine: inject intramuscularly (circle one) EpiPen® EpiPen® Jr. Twinject® 0.3 mg Twinject® 0.15 mg
 (see reverse for instructions)

Antihistamine: give _____
 medication/dose/route

Other: give _____
 medication/dose/route

IMPORTANT: Asthma inhalers and/or antihistamines cannot be depended on to replace epinephrine in anaphylaxis.

◆STEP 2: EMERGENCY CALLS◆

1. **Call 911.** State that an allergic reaction has been treated, and additional epinephrine may be needed.
2. Dr. _____ Phone Number: _____
3. Parent _____ Phone Number(s): _____
4. Emergency Contacts:
 - Name/Relationship Phone Number(s)
 - a. _____
 - b. _____

EVEN IF PARENT CANNOT BE REACHED, DO NOT HESITATE TO MEDICATE OR TAKE CHILD TO MEDICAL FACILITY!

Parent/Guardian Signature _____ Date _____

Physician's Signature _____ Date _____
 (Required)

KLEIN INDEPENDENT SCHOOL DISTRICT MEDICATION AUTHORIZATION FORM

STUDENT: _____ DATE OF BIRTH: _____

In an effort to promote student health and maintain school performance, it is necessary that medication be given during school hours.

Physician's request for giving medication(s) during school hours:

| NAME OF MEDICATION | DAILY DOSAGE | SCHOOL DOSAGE | TIME TO BE GIVEN |
|--------------------|-----------------|------------------|---------------------|
| ***** | | | |
| 1. _____ | _____ | _____ | _____ |
| 2. _____ | _____ | _____ | _____ |
| 3. _____ | _____ | _____ | _____ |

Comments: (Reason for medication, possible side effects, etc.)

*No injections may be given except those needed in emergency situations or those necessary for the student to remain in school (i.e. insulin, epinephrine).

Physician's Signature: _____ Date: _____

Physician's Name (Please Print): _____ Phone: _____

Klein school personnel are not permitted to give medication of any kind, including aspirin, similar preparations, or any other drugs, unless the parent requests in writing that there is a need for such medication. Non-prescription medications needed for longer than two weeks must also have a written request from a physician. When administering prescription medicines, the school district would prefer to have a written statement from a physician or dentist licensed to practice in the United States. Information, however, placed on a prescription label, if it is precise and clear to the school nurse, may be substituted for the above noted statement. The prescription must be filled by a pharmacist licensed to practice in the United States. All medications must be in their original container and kept in locked storage in the office of the nurse or principal's designee and administered by the nursing staff or a school employee. If the circumstances are questionable, the school employee reserves the right to deny the parent's request. No vitamins, health food or herbal preparations will be given by any school employee. Neither prescriptions nor over the counter medications from foreign countries will be administered.

PARENT/GUARDIAN AUTHORIZATION

I hereby authorize school personnel to administer non-prescription medication to my child during school hours or prescription medication as prescribed by the physician. I understand that any non-prescription medication that is to be dispensed to my child longer than two weeks will also need a doctor's authorization. Also, I am aware that no medication dosage will be changed without an order from the prescribing physician.

I (do / do not) authorize school personnel, at my oral request, to administer dosages of medication in addition to the dosages specified on this form, if necessary for my child to receive the daily dosage prescribed by his or her doctor and specified on this form. If I make such a request, I shall ensure that I provide the school with additional medication thereafter to enable the school to continue making the scheduled school dosages

PARENT/GUARDIAN SIGNATURE: _____ DATE: _____

TELEPHONE NUMBER: _____

**KLEIN INDEPENDENT SCHOOL DISTRICT
NOTICE FOR RELEASE/CONSENT TO REQUEST CONFIDENTIAL INFORMATION**

Student's Name: _____ DOB: _____ School: _____

We are requesting that you authorize Klein ISD (or its agent) to speak with the party specified regarding the above-named student and the release or request of specified records containing confidential information regarding the above-named student.

| | | | |
|---|--------|------|--|
| <input type="checkbox"/> KLEIN I.S.D. HAS PERMISSION TO RELEASE INFORMATION TO: | | | RECORDS REQUESTED <input type="checkbox"/> All Educational Records <input type="checkbox"/> Transcript & Immunizations <input type="checkbox"/> Academic Assessments <input type="checkbox"/> Psychological Assessment <input type="checkbox"/> Comprehensive Assessment <input type="checkbox"/> Speech/Language Assessment <input type="checkbox"/> Vocational Assessment <input type="checkbox"/> OT/PT Assessments <input type="checkbox"/> Medical Reports <input type="checkbox"/> ARD/EP Reports <input type="checkbox"/> Individual Translation Plans <input type="checkbox"/> Other: _____ |
| Name: | Phone: | | |
| Address: | | | |
| City: | State: | Zip: | |
| <input type="checkbox"/> KLEIN I.S.D. HAS PERMISSION TO REQUEST INFORMATION FROM: | | | |
| Name: | Phone: | | |
| Address: | | | |
| City: | State: | Zip: | |

PURPOSE OF DISCLOSURE:

Health Planning Educational Planning Student Transfer Other:

If you wish to have more information or if you have any questions, please contact the following staff person:

Name: _____ Phone: _____

Yes No I have been fully informed and understand the school's request for release of the student's records as described above. This information will be released upon receipt of my written request.

Yes No I understand that my consent is voluntary and may be revoked in writing at any time. Otherwise, this release is valid for one year from the date of the signature.

Federal regulations require that parents and adult students be provided a full explanation of all procedural safeguards in their native language or other mode of communication each time the district proposes or refuses to initiate or change the identification, evaluation, or educational placement of the child or the provisions of a free appropriate public education.

Signature of Parent, Guardian, Surrogate Parent, or Adult Student Date: _____

Signature of Interpreter, if used Date: _____

Please return to: Name _____ Date Mailed/Sent: _____ Address _____
City/State/Zip _____

Release 1/2 _____ Page _____ of _____